

2008-2009 Team Championships

Woodward Football: Woodward won the Cincinnati Metro Athletic Conference football league championship with a 6-0 league record finishing the season 10-0 overall. The team qualified for the Division I state football playoffs and played Huber Heights Wayne in the first round of the playoffs. Senior Erik Finklea was voted CMAC Offensive Player of the Year and B.T. Sherman was voted CMAC Coach of the Year.

Western Hills Volleyball: Won the CMAC league championship with a 13-1 record finishing the season with an overall record of 16-6. Head Coach Peggy Peebles was voted CMAC Coach of the Year.

Taft Boys Basketball: The Senators finished the regular season as CMAC league champions with a record of 11-1 and 15-5 overall. Senior Richard Harris was voted CMAC Player of the Year. Mark Mitchell was honored as CMAC Coach of the Year.

Hughes Center Girls Basketball: The Hughes Center Girls Varsity Basketball Team won the CMAC League Championship with a record of 12-0 and 17-3 overall. Senior Jasmine Davis was voted First Team All League and Anita Burke was voted CMAC Coach of the Year.

CMAC Quiz Team: Hughes Center and Withrow shared the Cincinnati Metro Athletic Conference Academic Team championship finishing the regular season with identical match play records of 7-1.

Withrow Wrestling: Andrew Williams (112 lbs.), Jeff Hackle (130 lbs.), Iva Durand (152 lbs.), Darin Miller (160 lbs) and Brandon Mitchell (285 lbs.) won individual championships at the Cincinnati Metro Athletic Conference League Wrestling Tournament. Withrow scored 181 points good for first place ahead of Western Hills with 146 points and Woodward with 120.5 points. Clinton McElroy was voted CMAC Wrestling Coach of the Year.

Aiken Baseball: The Falcons won the CMAC title, their first league championship in over 20 years, with a record of 10-1. Anthony Dodds and Lionel White were voted First Team All League. Lionel Hill was voted CMAC Player of the Year and Al Shumar was named CMAC Coach of the Year.

Western Hills Softball: Finished the CMAC season undefeated and in first place with a record of 10-0. Miranda Flemming, Ebony McBurrows, Janeisha Torbert, Tabitha Beebe and Becky Owens were voted First Team All League. Tabitha Beebe was voted CMAC Player of the Year and Coach Lori Troescher was honored as CMAC Coach of the Year.

CMAC Track and Field Relays: The Withrow Girls finished first in the CMAC Relays Meet with 102 points over Taft who finished second with 58 points and Shroder in third place with 39 points. The Withrow Boys finished first with 92 points to 67 points for second place Shroder and 59 points for third place Western Hills.

CMAC Track and Field Championships: The Withrow Girls finished first in the CMAC Track & Field Championship Meet with 196 points over Shroder who finished second with 104 points and Hughes Center finishing third with 46 points. The Withrow Boys finished first with 133 points over Western Hills and Shroder who finished tied for second with 81 points each .

2009 District Track & Field Champions

Division I: Girls

Jalesha Jarmon, Withrow: Long Jump

D'Monami Gardner, Withrow: Shot Put

Withrow (Genesis Calhoun, Jonnique Lawrence, Brittany Smith, Jade Clingman): 4 x 100M Relay. **The Withrow 4 x 100M Relay Team ran in a time of 46.54 during the preliminaries. This time is a new Ohio State Record for this event.**

Withrow (Genesis Calhoun, Jonnique Lawrence, Brittany Smith, Jade Clingman): 4 x 200M Relay.

Withrow (Jalesha Jarmon, Jonnique Lawrence, Skyler Willis, Jade Loveless): 4 x 400M Relay

Division I: Boys:

Withrow (Dashawn Farley, Anthony White, Julian Barnes, Jelani Alford): 4 x 200M Relay

Division II Girls:

Keaundria LeSueur, Taft: 400M Dash

Shroder (Jessica Miles, Takirah Rasheed, Jeanean Church, Domyinique Shelby) 4 x 200M Relay

Division III Boys:

Brandon Bruner, Shroder: 100M Dash

Shroder (Antoine Martin, Louis Harris, Isaiah Mitchell, William Brown) 4 x 800M Relay

Shroder (Jamar Peeden, Brandon Bruner, William Brown, Louis Harris) 4 x 200M Relay